

Kumaun University Nainital
National Service Scheme
TWO YEAR PROGRAMME

Syllabus for Under Graduate (U.G) Courses under NEP 2020

Course Code -NSSNEP101

Semester I

Introduction of NSS

Theory

1. Introduction and Evolution of National Service Scheme.
2. Objectives of NSS
3. Advantages of NSS
4. Regular activities
5. Special Camp
6. NSS Diary, Badge, Motto & theme song
7. Right, duties and qualification of a NSS officer
8. Responsibilities of NSS Volunteer
9. Principal elements of NSS
10. A, B & C Certificate



समन्वयक
राष्ट्रीय सेवा योजना प्रकोष्ठ
कुमाऊँ विश्वविद्यालय, नैनीताल

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Semester II

Motivation and Awareness

Theory

1. Motivation and Award under NSS.
2. Swami Vivekanand State level Award.
3. Indira Gandhi NSS National Award.
4. National Programme.
5. Organizational Structural of NSS.
6. Financial Aspect of NSS.
7. Importance dates and week under NSS.
8. Special Abhiyan on 06 selected theme under Uttarakhand NSS.
9. Basic Introduction of Uttarakhand.



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Semester III

Awareness

Theory and Practical

1. Blood Science and blood donation.
2. Health and Nutrition.
3. Environment Pollution, Forest and wildlife Protection.
4. Social Evils.
5. Disaster Management.
6. Voter Awareness.
7. Traffic rules Awareness.
8. Covid 19 Awareness.
9. Water Conservation.
10. Awareness campaign for drug.



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Course Code -NSSNEP104

Semester IV

Environment, Health and Self -development

Practical and Project

1. Plantation.
2. Waste Management.
3. Fit India movement.
4. Introduction of Yoga.
5. Skill Development.
6. Self-employment.
7. Human Values
8. Survey and report writing on socio-economic development of adopted village.



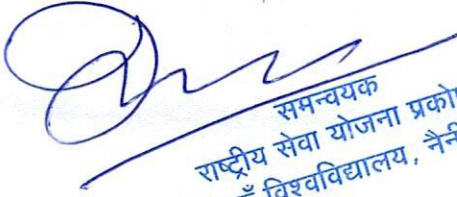
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References:

1. National Service Scheme Manual 2006. Government of India ,Ministry of youth affairs.
2. Rastriya Seva Yojana: Samudayik seva ek Prakalp, Sri Pushkar Singh Negi. NSS Coordinator Pauri.
3. Annual Report of NSS Published by Deptt of Higher and Technical Education Mantralaya.
4. New trend by NSS Research paper published by University of Pune.
5. <http://nss.nic.in>.
6. <http://nss.nic.in/propexpen>.
7. <http://socialworkness.org/about/htm/>

Hours allocation for NSS activities

S.N.	Activity	Hrs. per Year
1.	Registration and Orientation	30
2.	Campus Development work	30
3.	National Programme	20
4.	Five one Day Camp(8hrs per one day camp)	40
	Total	120
5.	7 Days Special Camp 50% of the Volunteer	


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Certificate	Qualification	Certificate Issued by
A Certificate	One Year Complete	Issued by Institution
B Certificate	One Year Complete and spend 120 hrs And Completed 5 One Day Camp Passed Paper I and II	Issued by Kumaun University, Nainital
C Certificate	After Two Year B Certificate , One Special Camp and Passed all fourth Paper	Issued by Kumaun University, Nainital



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